

2026 BUCKHORN CAMPS RETREAT SERIES



Return to your center

~ A Fall Yoga Retreat

A quiet weekend to slow down, move gently, and return to your center — surrounded by water, forest, and early fall color.



Meet Your Guide

Emily Spellmire is a Maine-based yoga teacher whose practice is inspired by movement, nature, and quiet connection. After visiting Buckhorn as a guest last fall — she's thrilled to return to guide this special weekend experience.

The Return to Your Center Experience ~ \$695 September 25-27, 2026

An intimate yoga retreat on a private island in the North Maine Woods. Enjoy gentle and restorative yoga, sound baths, nourishing meals, cozy cabins, and unstructured time to rest, walk the trails, paddle the lakes, or find a favorite sit spot.

- Daily yoga sessions
- Friday check-in 3-5 p.m.
- Sunday check out 11 a.m.
- Sound bowl experience under the Harvest Moon
- Two nights lodging
- All meals
- Boat transportation to/from Jo-Mary Island

Spaces are limited. Call or email to secure your spot.

buckhorncamps.com ~ (207) 723-1548 ~ info@buckhorncamps.com

