

# 2026 BUCKHORN CAMPS RETREAT SERIES



## Lotus Full Moon Retreat June 28-30

*Release the noise and return to your inner rhythm in nature.*



Tracy Poliquin of Moon River Wellness facilitates breathwork, meditation, and sound-based experiences designed to help people slow down, reconnect, and listen to their inner rhythm. After guiding a memorable retreat at Buckhorn Camps in 2025, she returns to lead the Lotus Full Moon Retreat under the light of the Strawberry Moon.

### Lotus Full Moon Retreat ~ \$695

- Breath-led practice
- Chakra meditation and energy alignment
- Crystal singing bowl sound bath
- Guided Forest Therapy
- Two nights lakeside lodging
- All meals included
- Boat transportation to/from Jo-Mary Island



Spaces are limited. Call or email to secure your spot.  
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